Дата: 06.10.2020 Группа: 401Ск Специальность: Сестринское дело: Тема: Nursing as profession Цель: развитие навыков написания сочинения по теме, навыков поискового чтения. Задание лекции – прочитать текст, выполнить упражнение 1 Домашнее задание – выполнить упражнение 2

## NURSING AS A PROFESSION

Professionalism

"Professionalism of nursing will be achieved only through the professionalhood of its members" (Margarita Styles, 1982). Nursing is not simply a collection of specific skills, and the nurse is not simply a person trained to perform specific tasks Sociologists have studied the characteristics of professions. They agree that some core characteristics are true for any profession. These include education, theoretical body of knowledge, the provision of a specific service, the autonomy of members, and a code of ethics. Nursing clearly shares each of these characteristics and faces controversial issues as nurses strive for greater professionalism.

Education. An earlier section describes the three basic types of educational preparation for registered nurses. As a profession, nursing requires that its members possess a significant education, but the issue of educational standardization is a major controversy in nursing today. Most nurses agree that nursing education is of great importance to practice and that nursing education along with continuing education must respond to the changes in health care created by scientific and technological advances.

Theory. Nursing knowledge has been developed through nursing theories. Theoretical models are frameworks for nursing curricula and clinical practice and also lead to research that increases the scientific basis of nursing practice. A theory is a way of understanding a reality, and, in this general sense, all practicing nurses use theories they have learned as a part of their clinical practice. Theoretical frameworks help nurses to understand the scope of their practice and to select interventions most likely to assist clients to an improved state of health.

Service. Nursing, like other professions, provides a specific service. Today, nursing is a vital part of the health care delivery system, providing holistic and comprehensive services to clients with varying needs. Nurses are now the largest group of professionals in this system. Approximately 2 million people are now registered nurses, and one study indicates that approximately 80% of them are employed (Aiken and Millinix, 1987).

Autonomy. Autonomy means that one is reasonably independent and self-governing in decision making and practice. It has been difficult for nurses to attain the degree of autonomy enjoyed by some other professionals. Some data suggest that the history of nursing has been a struggle by nurses for autonomy . In the past, physicians, hospital administrators, and others in the health care delivery system have found nursing autonomy difficult to understand and support. Through clinical competence and greater educational preparation, however, nurses are increasingly taking on independent roles in nurse-run clinics, collaborative practice, and advanced nursing careers. Greater responsibility and accountability come with increased autonomy. Accountability means the nurse is answerable, professionally and legally, for the type and quality of nursing care provided to clients. The nursing profession regulates accountability through standards of practice, nurse practice acts, nursing audits, and certification.

Code of Ethics. Nursing has had a code of ethics since 1903. The code of ethics describes the goals and values of the nursing profession and establishes a code of conduct by which nurses function. Ethical principles within the code provide a foundation for nursing practice. In addition, nurses incorporate their own values and ethics into their practice.

## Упражнение 1. Find in the text the English for

1. Определить эффективность сестринского ухода

2. Это является базой для тщательного подведения итогов.

3. Точность этих утверждений зависит от тщательности сбора информации о состоянии здоровья пациента.

4. Установленный сестринский диагноз образует основу для планирования сестринского ухода.

5. Весь (полный) процесс является последовательным и взаимосвязанным; каждый шаг зависит от предыдущего.

## Упражнение 2. Describe five skills you have already got in college