

Группа: 305С

Специальность: Сестринское дело

Дата: 06.10.2020

Тема: Diseases of the century (AIDS, cancer).

Цель: формирование тематического словаря, развитие навыков поискового чтения

Задание лекции: Прочитать текст, выполнить упр. 1 после текста

Домашнее задание: выполнить упр. 2 после текста

Сроки сдачи – до 9.10.2020. Выполненные задания отправлять на [galinausmanova869@gmail.com](mailto:galinausmanova869@gmail.com) с указанием фамилии и группы.

We entered the 21st century with such maladies as heart and vascular system diseases, environmental diseases, cancer, AIDS (Acquired Immune Deficiency Syndrome). The risk factors causing these diseases are poor environment (especially after Chernobyl disaster), constant stress and bad habits. We witness more and more cases when people suffer from such environmental diseases as food allergies, chronic fatigue syndrome, asthma, thyroid gland. They all have a huge impact on the quality of life, darken our prospects for future. Alcohol, drugs, smoking, AIDS have also become the reality of our life, especially among young and middle-aged people.

## **AIDS**

AIDS is sickness that attacks the body's natural system against disease. AIDS itself doesn't kill, but because the body's defense system is damaged, the patient has a reduced ability to fight off many other diseases, including flu or the common cold.

So far there is no cure for AIDS. We know that AIDS is caused by a virus which invades healthy cells, including the white blood cells that are part of our defense system. The virus takes control of the healthy cells genetic material and forces the cell to make a copy of the virus. The cell then dies and the multiplied virus moves on to invade and kill other healthy cells.

The AIDS virus can be passed on sexually or by sharing needles used to inject drugs. It also can be passed in blood products or from a pregnant woman with AIDS to her baby.

Many stories about the spread of AIDS are false. One cannot get AIDS by working with someone who's got it, or by going to the same school, or by touching objects belonging to or touched by an infected person. Nobody caring for an AIDS patient has developed AIDS and, since there is no cure for it at present, be as helpful and understanding as possible to those suffering from this terrible disease.

## Упражнение 1

1. Are the statements true or false? If they are false give the correct information:
- a) Alcohol is a mild poison.
  - b) Passive smoking is not dangerous.
  - c) Not all drugs are illegal.
  - d) Smoking is banned in all public places.
  - e) Many users take drugs to escape from life.
  - f) AIDS virus can be passed on by touching objects belonging to an infected person?

## Упражнение 2. Here are some answers about hard habits. Ask the questions:

- a) Why \_\_\_\_\_? Because their friends pressure them to do so.
- b) What \_\_\_\_\_? A chemical called nicotine causes addiction.
- c) When \_\_\_\_\_? Absorption is slower if there's food in the stomach.
- d) How \_\_\_\_\_? You may feel you can do crazy things.
- e) Why \_\_\_\_\_? People take drugs because they think they make them feel better.
- f) What \_\_\_\_\_? AIDS is a sickness that attacks the body's natural system against disease.